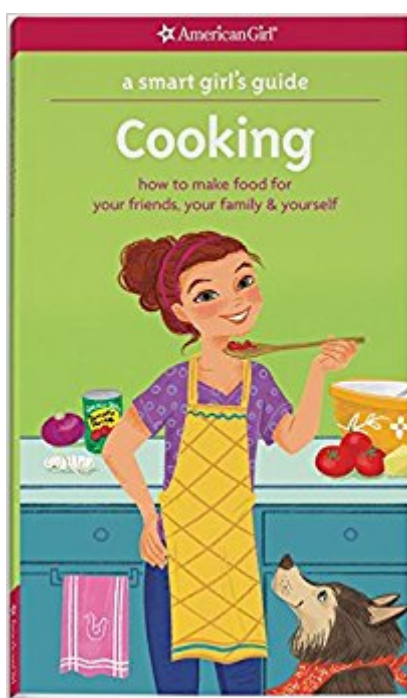


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# A Smart Girl's Guide: Cooking: How To Make Food For Your Friends, Your Family & Yourself (Smart Girl's Guide To...)



## Synopsis

Have you ever thought about how awesome cooking really is? It's actually pretty cool to take ingredients and combine them in a special way to make something totally different -- and delicious! Plus, sharing your tasty creations with family and friends makes it even more fun. Think of this book as your first step toward developing your culinary skills. You'll learn the basics like chopping, mixing, and blending; then you'll practice those skills with some classic recipes. Your family and friends will be amazed when you delight their taste buds! But that's not all. Cooking is also about presentation and making things look appetizing. You'll get tips and suggestions for pretty presentations, and learn how to plan a complete meal, too. So grab an apron, plop on a chef's hat, and get cooking!

## Book Information

Series: Smart Girl's Guide To...

Paperback: 120 pages

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Product Dimensions: 5.5 x 0.5 x 9.5 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 16 customer reviews

Best Sellers Rank: #71,877 in Books (See Top 100 in Books) #54 in [Books > Children's Books > Children's Cookbooks](#)

Age Range: 9 - 12 years

Grade Level: 4 - 7

## Customer Reviews

Simple, easy recipes for a beginning cook!

I am picky about my children's reading and kids' cookbooks are a dime a dozen. I was quite pleasantly surprised that even though this has the trendy AG name (which I assumed would make this book more fluff and hype than content), this book is fabulous- a real stand out in the genre. First, (disclaimer we haven't tried the recipes yet) this book is much more than a cookbook of recipes. It is really a fun read that goes step by step through how to grow and learn in becoming a cook. It is almost like a class, covering all the basics of how to serve healthy meals, various cooking methods

and tools, etc. And, again, given the brand name I was pleasantly surprised by the lack of political agenda- there was no brainwashing toward vegetarianism or weird new age dietary stuff or overemphasis on body image or eating disorder stuff- just good solid healthy eating advice like filling your plate with the right portions of whole grains and veggies- just the way I think, as a mom, when trying to feed my family! I loved the focus on preparing healthy meals for others, family etc- it is inspiring to see joy in cooking! The recipes were so logical- with the idea that if you experience cooking the basics- just do it!- then you will gain experience and comfort and can begin to gain freedom and adventurousness in the kitchen. If a girl reads this book and does all its recipes, I think she'll be well on her way to becoming comfortable in the kitchen and a good cook! I as a mom am loving peeking over my girl's shoulder sneaking tips from this book which is like a younger version of one of those fun homemaker books you curl up with by the fire. Oh, did I mention my 9 year old daughter loves it and wouldn't put it down at bedtime! She especially enjoyed the quizzes. My only complaint is that I hate it when American Girl books put in advertisements for others in the back. I don't trust the handling on topics like boys, dating, etc. so I'd rather not have them promoted on there. Oh well, it's subtle anyway and the book was very well done. Fun- definitely recommend and a lovely gift for the adventurous tween set- along with some baking accessories :-).

This is a great book! It is packed with information. my 7 year old daughter has been reading it and thumbing through it since it came in the mail. I like that it also cover safe food handling procedures and my daughter likes the little quotes and stories from real girls. Get this book!

Impressed that it wasn't only a recipe book but a step by step instructional book with various topics for cooking. It covers procedures, safety, tools and more.

Bought for a 10 year old who loves it.

My granddaughter loves this cookbook & made lasagna for the family, which was tasty. Easy directions & fun cooking.

Daughter really likes this book.

Neice excited to get this! We'll received. :-)

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